

# mccr

Monaro Committee for Cancer Research

## FINANCIAL ASSISTANCE SCHEME

**We know that cancer treatment can be tough and can feel overwhelming at times.**

**A counsellor can provide additional strategies and support.**

mcCr is proudly partnering with Mind My Health and Headway Health Services to offer telehealth psychological counselling support services to assist patients and their families achieve the best wellbeing possible.

Applications are now available for locals undergoing cancer treatment to access psychology services by applying to mcCr through the Financial Assistance Support Program (FAS).

### **What to Do**

1. Download an application form from [www.mccr.org.au](http://www.mccr.org.au) to apply to mcCr's Financial Assistance Scheme (FAS) to fund counselling services up to a maximum of six appointments.
2. Discuss with your local GP *in the first instance to establish eligibility* to access a Mental Health Care Plan. If you are eligible a referral will be provided by the GP to the *psychologist of your choice*.
3. Submit an application form to the FAS Committee for their consideration to gain 'in principle' support before booking an appointment with a counsellor.
4. Applications will be considered on merit and within the limits of the current FAS guidelines.

**mcCr AIMS TO PROVIDE OPPORTUNITIES FOR OUR COMMUNITY TO SUPPORT CANCER RESEARCH AND LOCAL CANCER CARE FACILITIES**

## Conditions

1. Maximum of six (6) appointments;
2. All consultations are private and confidential;
3. Delivered by telehealth consultation with a registered Psychologist or registered Clinical Psychologist either in your home environment, through Cooma Oncology unit or at a local GP practice of your choice;
4. Contact the service provider directly to arrange a telehealth consultation once 'in principle' approval has been provided;
5. Patients will need to discuss with the specialist provider the costs associated with the counselling services prior to booking and will need to fund the appointment/s and then seek reimbursement from mcCr;
6. Patients who have a Mental Health Care plan from their local GP will receive a Medicare rebate after paying for the consultation and any out of pocket expenses will be reimbursed by mcCr to the patient upon the production of receipts;
7. In the instance that a Mental Health Care Plan is not available, then FAS would consider reimbursing the full consultation fee upon production of the receipts and within the limits of the FAS guidelines.

Please find more about the service providers by visiting their websites listed below and please discuss your needs with your local GP.

### Mind My Health

Special focus on cancer, chronic and life limiting and health related problems.

Dr Belinda Thewes - (Clinical Psychologist)

Phone: (02) 8883 0033

Email: [hello@mindmyhealth.com.au](mailto:hello@mindmyhealth.com.au)

Web: [www.mindmyhealth.com.au](http://www.mindmyhealth.com.au)

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Headway Health Services provide clinics in Sydney and a Telehealth service to NSW. Clients are matched with one of the team of Consulting and Clinical Psychologist who can best support their needs.

Ph: (02) 9453 3027

Email: [info@headwayhealth.com.au](mailto:info@headwayhealth.com.au)

Web: [www.headwayhealth.com.au](http://www.headwayhealth.com.au)